

## ***Insurance Tips for Nutrition Counseling:***

Liz Fayram, RDN, CEDRD, RYT is credentialed with the following insurance companies:

**Blue Cross Blue Shield MA and RI**

**Harvard Pilgrim**

**Tufts**

**United**

Some insurance plans require a MEDICAL NUTRITION THERAPY referral from your Doctor. Before your initial intake appointment, please confirm Medical Nutrition Therapy benefits, copayment or deductible amount, and referral requirements with your insurance company.

**If you need a referral, please call your Doctor's office and provide them with the following information:**

Name: Liz Fayram, RDN, CEDRD

Address: One Richmond Sq #158E Providence, RI 02906

Type 1 National Provider ID: 1154654788

Type 2 National Provider ID: 1831698612

Date of intake appointment

**\*Request that the referral be faxed to Liz: 401-633-6115\***

*All other insurance plans may be covered through out-of-network benefits. Please confirm with plan what they cover. Although Liz might be contracted with your plan, it is not a guarantee they will cover your sessions. Payment for out-of-network nutrition appointments will be due at the time of visit. Liz's biller will provide you with a formal receipt (superbill) for you to seek reimbursement directly from your insurance company.*

Private Pay Rates:

\$150 Intake Appointment

\$125 Follow-Up Appointment